

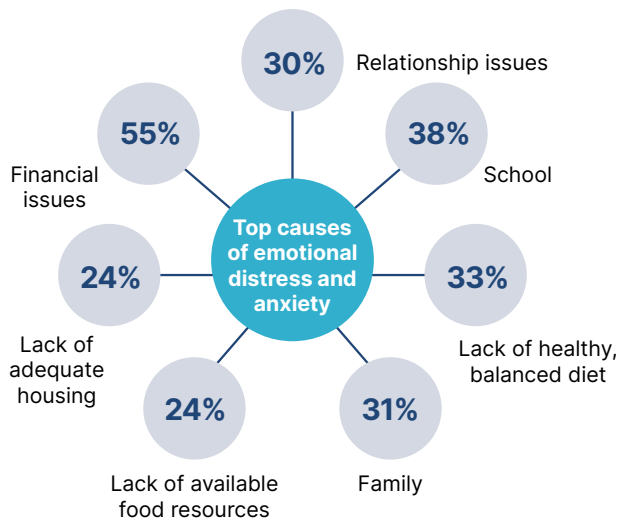
# Community College Students and Basic Needs Support



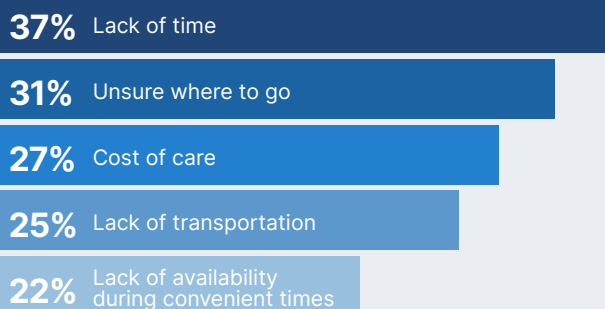
TimelyCare, the leading health and well-being solution for higher education, conducted a nationwide survey of nearly 900 community college students to assess their prevalence of mental health and emotional concerns, especially in relation to basic needs.



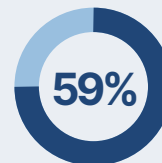
**3 out of 4** community college students say a lack of basic needs such as housing, food and childcare caused them emotional distress, stress, and/or anxiety over the last year.



## Top 5 Barriers To Accessing Medical and Mental Health Services



## Most Pressing Basic Needs Faced

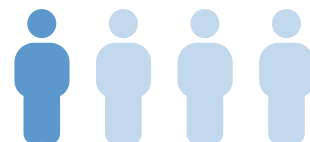


said that basic needs have been a challenge for them in the past year.

**Just over half** sought or used resources like a food pantry, transportation voucher, reduced price/free internet, affordable housing in the past year.



In the past year, **63%** of all students sought emotional support.



Most reach out to family and friends. Only **1 in 4** turned to the campus counseling center or another behavioral health professional for help.