



## Survey

# Class of 2022: Hopeful and Ready, but Still Stressed

Despite the pandemic turning their college experience upside down, the Class of 2022 remains hopeful about their future. TimelyCare conducted a nationwide survey of over 1,000 college graduates who plan to enter the workforce after they graduate. The results show the resilience of this class in the face of unexpected challenges, along with the far-reaching effects of the pandemic.

## Hopeful for the Future

While two out of three say the pandemic made them less prepared to enter the workforce, nearly nine out of ten students report feeling prepared and optimistic.

92%

are hopeful about the future

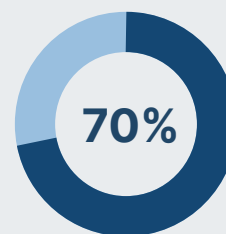
88%

say they feel prepared overall to enter the workforce

69%

think the pandemic made them less prepared to enter the workforce

## Mental Health: The #1 Reason Students Feel Less Prepared



of students said **struggles with mental health** during the pandemic as the primary factor that contributed to feeling less prepared

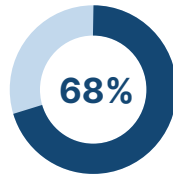
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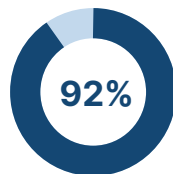


## The State of Mental Health

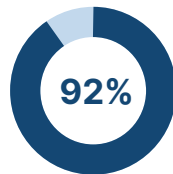
College graduates say that mental health resources are now a must-have for institutions and employers.



of college graduates feel somewhat or very stressed/anxious about entering the workforce



say mental health resources are a necessity for college students



say mental health resources should be offered by employers



**One out of four (24%)** of college graduates do not feel confident navigating the healthcare system on their own

## Top 5 Causes of Stress Entering the Workforce



Finding/keeping a job



Supporting themselves financially/paying bills



Being independent/self-reliant



Navigating healthcare/insurance



Making friends

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A majority of students prefer a fully in-person work environment.

### The Student Perspective on College-to-Career Transition



**77% of college graduates** used their college or university's career development office, resources, or programs

### Top 5 Ways Career Resources Helped Students

1. Finding a job
2. Writing a resume, cover letter, or personal statement
3. Improving interview skills
4. Networking or connecting
5. Helping students figure out what they want to do

### Students Entering a Strong Labor Market



say the job is in their desired field of employment

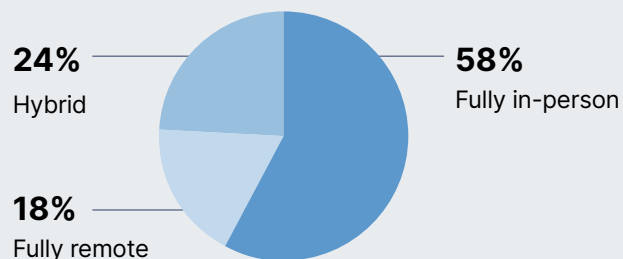


say they have secured a job



say the starting salary is more than they expected

### How Students Want to Work



### Beyond Salary, Students' 5 Keys to a Job

1. Flexible work hours
2. Flexible work environment
3. Medical benefits
4. Vacation time
5. Mental health or emotional health benefits

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