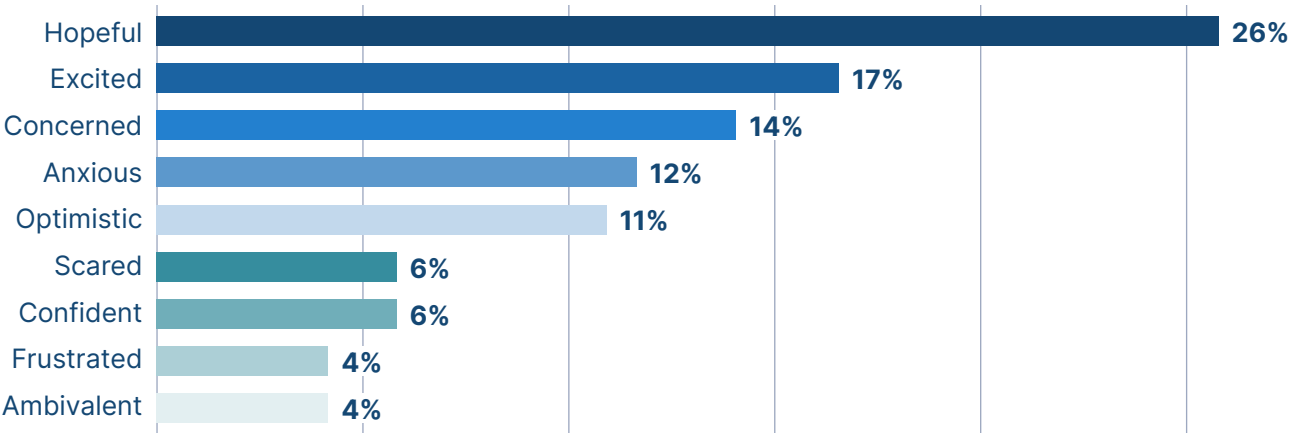




# Student Mental Health and the 2024 Election

 **7 in 10 stressed/anxious** about the 2024 U.S. Presidential election

## How Students Feel Heading Into Election Season



## Student Views on the U.S. Presidential Election



**8 in 10**

Support age limits for Presidential candidates



**7 in 10**

Would prefer someone else to be their party's nominee for President



**7 in 10**

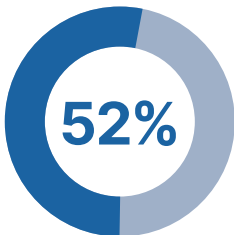
Feel safe sharing political views on campus



**6 in 10**






Intend to vote for President in November

## Students Need Mental Health Support to Thrive



say engaging in political dialogue on campus affects their mental health

### Top Coping Mechanisms

-  In-person counseling
-  Virtual counseling/teletherapy
-  Wellness/self-care resources
-  Extracurricular activities
-  Peer-to-peer support

In July 2024, TimelyCare surveyed 1,491 active two- or four-year college students.